

# **DECEMBER 2025**

**Monthly Classes** 

DECEMBER 14-20

**IN-PERSON** 

DECEMBER 15 (Monday)

Plants and Mental Health;

REWARD Class - Storytime &

Cookie Decorating w/Mrs.

MUST BE INVITED & RSVP

**DECEMBER 16 (Tuesday)** 

REWARD Class - Meat & Food

MUST BE INVITED & RSVP

Reducing Sodium Intake

w/Alanna Lewis, GA Dept of

DECEMBER 17 (Wednesday)

POP UP in the parking lot LAST CALL FOR PINK

Conversational Spanish

Sugars & Spice Are Not

GA Dept of Public Health

Always Nice w/Jessica Arnett,

**REWARD Class - Meat & Food** 

**DECEMBER 18 (Thursday)** 

MUST BE INVITED & RSVP

10:00AM-12:00PM

Senior Connection

The Power to Change Class 11 of 12

6:00-7:30PM

CLOSED CLASS

10:00-11:00AM

**CLOSED CLASS** 

5:30-7:30PM

10:00-11:30AM

12:00-1:30PM

Public Health

7:00PM

Bible Study

TICKETS

w/Arabella

5:00-6:30PM

1:00PM

10:00-11:00AM

10-30-11-30AM

CLOSED CLASS

Part 4 of 4

Clause

Bingo





In-person classes are held at the Community Center located at 111 E. Adair Street

The Center is closed on the following Wednesdays from 1:00-2:30PM for Staff Meeting December 3, 10 January 14

JANUARY 18-24

JANUARY 11-17

#### IN-PERSON

JANUARY 12 (Monday)

# 10:00AM

Orientation 2026 RETURNING CLIENTS

#### 1:00PM Orientation 2026

RETURNING CLIENTS

## JANUARY 13 (Tuesday)

Orientation 2026 RETURNING CLIENTS

#### 1:00PM Orientation 2026 **NEW CLIENTS**

5:30PM Orientation 2026 RETURNING CLIENTS

#### 7:00PM Bible Study

JANUARY 14 (Wednesday)

#### JANUARY 15 (Thursday)

10:00AM-12:00PM Senior Connection

12:30-2:30PM Movie for those working on Stretch Goals

See staff to discuss your goal and for trigger warning

# 6:00-7:30PM

The Power to Change Class 12 of 12 **CLOSED CLASS** 

#### 6:00-8:00pm

The Transformation Continues

#### ZOOM

JANUARY 13 (Tuesday)

#### 7:00PM

Bible Study

# **IN-PERSON**

JANUARY 19 (Monday)

**CLOSED FOR** MARTIN LUTHER KING JR **HOLIDAY** 

#### JANUARY 20 (Tuesday)

12:00-1:30PM

Shopping & Cooking for Better Blood Pressure w/Alanna Lewis, GA Dept of Public Health **CLOSED CLASS** 

#### 7:00PM Bible Study

#### JANUARY 21 (Wednesday)

5:30-7:30PM Movie for those working on Stretch Goals

See staff to discuss your goal and for trigger warning

### JANUARY 22 (Thursday)

9:30-11:30AM Mom's Connection

6:00-7:30PM The Power to Change **CLOSED CLASS** 

# ZOOM

JANUARY 20 (Tuesday)

7:00PM Bible Study

DECEMBER 7-13

# DECEMBER 1-6 **IN-PERSON**

#### DECEMBER 1 (Monday)

#### 10:00-11:00AM Plants and Mental Health;

Part 2 of 4 **CLOSED CLASS** 

#### DECEMBER 2 (Tuesday)

Our Roots, Our Pride, A Celebration of Black Historical Heritage, Part 2

#### 7:00PM

Bible Study

#### **DECEMBER 3 (Wednesday)**

#### 10:30-11:30AM

Conversational Spanish w/Arabella

#### 12:00-1:00PM

Your Finances in a Nutshell **CLOSED CLASS** 

#### **DECEMBER 4 (Thursday)**

### 10:00AM-12:00PM

Senior Connection

## 6:00-7:30PM

The Power to Change Class 9 of 12 **CLOSED CLASS** 

# **ZOOM**

**DECEMBER 2 (Tuesday)** 

7:00PM Bible Study

# **IN-PERSON**

#### DECEMBER 8 (Monday)

#### 10:00-11:00AM

Plants and Mental Health; Part 3 of 4 CLOSED CLASS

#### 1:00-2:00PM

What We Allow In Our Hearts & Homes, Part 1

#### **DECEMBER 9 (Tuesday)**

#### 10:00AM

What We Allow In Our Hearts & Homes, Part 2 **CLOSED CLASS** 

#### 7:00PM

Bible Study

## **DECEMBER 10 (Wednesday)**

#### 12:00-1:00PM

Your Finances in a Nutshell **CLOSED CLASS** 

#### **DECEMBER 11 (Thursday)**

#### 9:30-11:30AM

Mom's Connection

All About Kwanzaa w/Dr. Beverley Richardson-Blake

#### 6:00-7:30PM

The Power to Change Class 10 of 12 **CLOSED CLASS** 

#### 6:00-8:00pm

The Transformation Continues

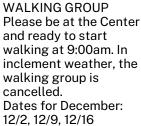
# ZOOM

### DECEMBER 9 (Tuesday)

# 7:00PM

Bible Study





Dates for January:

1/13, 1/20, 1/27



# ZOOM

**DECEMBER 16 (Tuesday)** 

7:00PM

Bible Study

**CLOSURE ANNOUNCEMENT** The center will be closed during the following dates: December 22-January 9