



DECEMBER 2025

Monthly Classes



@livingbridgesministry

In-person classes are held
at the Community Center
located at
111 E. Adair Street

DECEMBER 1-6

IN-PERSON

DECEMBER 1 (Monday)

10:00-11:00AM
Plants and Mental Health;
Part 2 of 4
CLOSED CLASS

DECEMBER 2 (Tuesday)

1:00PM
Our Roots, Our Pride, A
Celebration of Black
Historical Heritage, Part 2
w/J

7:00PM
Bible Study

DECEMBER 3 (Wednesday)

10:30-11:30AM
Conversational Spanish
w/Arabella

12:00-1:00PM
Your Finances in a Nutshell
CLOSED CLASS

DECEMBER 4 (Thursday)

10:00AM-12:00PM
Senior Connection

6:00-7:30PM
The Power to Change
Class 9 of 12
CLOSED CLASS

ZOOM

DECEMBER 2 (Tuesday)

7:00PM
Bible Study

DECEMBER 7-13

IN-PERSON

DECEMBER 8 (Monday)

10:00-11:00AM
Plants and Mental Health;
Part 3 of 4
CLOSED CLASS

1:00-2:00PM
What We Allow In Our Hearts
& Homes, Part 1

DECEMBER 9 (Tuesday)

10:00AM
What We Allow In Our Hearts
& Homes, Part 2
CLOSED CLASS

7:00PM
Bible Study

DECEMBER 10 (Wednesday)

12:00-1:00PM
Your Finances in a Nutshell
CLOSED CLASS

DECEMBER 11 (Thursday)

9:30-11:30AM
Mom's Connection

1:00PM
All About Kwanzaa w/Dr.
Beverley Richardson-Blake

6:00-7:30PM
The Power to Change
Class 10 of 12
CLOSED CLASS

6:00-8:00pm
The Transformation
Continues

ZOOM

DECEMBER 9 (Tuesday)

7:00PM
Bible Study

DECEMBER 14-20

IN-PERSON

DECEMBER 15 (Monday)

10:00-11:00AM
Plants and Mental Health;
Part 4 of 4
CLOSED CLASS

5:30-7:30PM
REWARD Class - Storytime &
Cookie Decorating w/Mrs.
Clause
MUST BE INVITED & RSVP

DECEMBER 16 (Tuesday)

10:00-11:30AM
REWARD Class - Meat & Food
Bingo
MUST BE INVITED & RSVP

12:00-1:30PM
Reducing Sodium Intake
w/Alanna Lewis, GA Dept of
Public Health
CLOSED CLASS

7:00PM
Bible Study

DECEMBER 17 (Wednesday)

10:00-11:00AM
POP UP in the parking lot
**LAST CALL FOR PINK
TICKETS**

10:30-11:30AM
Conversational Spanish
w/Arabella

1:00PM
Sugars & Spice Are Not
Always Nice w/Jessica Arnett,
GA Dept of Public Health

5:00-6:30PM
REWARD Class - Meat & Food
Bingo
MUST BE INVITED & RSVP

DECEMBER 18 (Thursday)

10:00AM-12:00PM
Senior Connection

6:00-7:30PM
The Power to Change
Class 11 of 12
CLOSED CLASS

ZOOM

DECEMBER 16 (Tuesday)

7:00PM
Bible Study

The Center is closed on the
following Wednesdays from
1:00-2:30PM for Staff Meeting

December 3, 10
January 14

JANUARY 18-24

IN-PERSON

JANUARY 19 (Monday)

**CLOSED FOR
MARTIN LUTHER KING JR
HOLIDAY**

JANUARY 20 (Tuesday)

12:00-1:30PM
Shopping & Cooking for
Better Blood Pressure
w/Alanna Lewis, GA Dept of
Public Health
CLOSED CLASS

7:00PM
Bible Study

JANUARY 21 (Wednesday)

5:30-7:30PM
Movie for those working on
Stretch Goals
**See staff to discuss your goal
and for trigger warning**

JANUARY 22 (Thursday)

9:30-11:30AM
Mom's Connection

6:00-7:30PM
The Power to Change
CLOSED CLASS

ZOOM

JANUARY 20 (Tuesday)

7:00PM
Bible Study

JANUARY 11-17

IN-PERSON

JANUARY 12 (Monday)

10:00AM
Orientation 2026
RETURNING CLIENTS

1:00PM
Orientation 2026
RETURNING CLIENTS

JANUARY 13 (Tuesday)

10:30AM
Orientation 2026
RETURNING CLIENTS

1:00PM
Orientation 2026
NEW CLIENTS

5:30PM
Orientation 2026
RETURNING CLIENTS

7:00PM
Bible Study

JANUARY 14 (Wednesday)

JANUARY 15 (Thursday)

10:00AM-12:00PM
Senior Connection

12:30-2:30PM
Movie for those working on
Stretch Goals
**See staff to discuss your goal
and for trigger warning**

6:00-7:30PM
The Power to Change
Class 12 of 12
CLOSED CLASS

6:00-8:00pm
The Transformation Continues

ZOOM

JANUARY 13 (Tuesday)

7:00PM
Bible Study

CLOSURE ANNOUNCEMENT
The center will be closed
during the following dates:
December 22-January 9



WALKING GROUP
Please be at the Center
and ready to start
walking at 9:00am. In
inclement weather, the
walking group is
cancelled.
Dates for December:
12/2, 12/9, 12/16
Dates for January:
1/13, 1/20, 1/27